

MVC 2023-2024 Fall Season Information



WHAT'S NEW FOR THE 2023-2024 SEASON!?

- ✓ Provide state-of-the-art **dedicated** facility without substantially increasing club dues
- ✓ Offer more teams an opportunity to travel and get experience playing in a NQ tournament(s)
- ✓ All fees included in season dues including travel tournaments through January
- ✓ Provide payment plans that extend into January to allow lower overall monthly payments. Free ACH Payments.
- ✓ 3 Custom jerseys included in uniform package for all travel teams
- ✓ Additional tournaments added for Summer/Nationals Teams and new extended payment plan options will be announced later this season!
- ✓ All travel tournaments are drivable - No flights! This allows club dues to remain lower and families save on travel expenses. More family members can attend events too.

TRYOUTS WILL BE SATURDAY, AUGUST 12TH!

SEE ALL TRYOUT INFORMATION BELOW!

Tryout Sessions:

You must be registered for tryouts in order to participate. See below.

Tryouts will be held **Saturday, August 12th** at Arizona Christian University – Firestorm Recreation Center (14711 N 59th Ave Glendale, AZ 85306).

Session Times: (See **2023-2024 USAV Age Definition Chart**)

- 15s/16s – **Check in @ 8:30am.** Tryouts will be from 9am – 10:30am
- 17s/18s – **Check in @ 10:30am.** Tryouts will be from 11am – 12:30pm
- 14U – **Check in @ 12:30pm.** Tryouts will be from 1pm – 2:30pm

****All players will be required to pay a (\$20 CASH Only) non-refundable tryout fee. This covers facility use and fees for tryouts.****

USA VOLLEYBALL JUNIOR PLAYER AGE DEFINITION For use during the 2023-2024 Season

To determine the correct age division, please find the Month of Birth in the left column and then the year of birth in the same row. The heading of the column matching the Year of Birth is the correct age bracket.

	18 & Under ¹	18 & Under ²	17 & Under	16 & Under	15 & Under ³	14 & Under ⁴	13 & Under ⁵	12 & Under	11 & Under	10 & Under	9 & Under	8 & Under
July	2004	2005	2006	2007	2008	2009	2010	2011	2012	2013	2014	2015
Aug	2004	2005	2006	2007	2008	2009	2010	2011	2012	2013	2014	2015
Sept	2004	2005	2006	2007	2008	2009	2010	2011	2012	2013	2014	2015
Oct	2004	2005	2006	2007	2008	2009	2010	2011	2012	2013	2014	2015
Nov	2004	2005	2006	2007	2008	2009	2010	2011	2012	2013	2014	2015
Dec	2004	2005	2006	2007	2008	2009	2010	2011	2012	2013	2014	2015
Jan	2005	2006	2007	2008	2009	2010	2011	2012	2013	2014	2015	2016
Feb	2005	2006	2007	2008	2009	2010	2011	2012	2013	2014	2015	2016
Mar	2005	2006	2007	2008	2009	2010	2011	2012	2013	2014	2015	2016
Apr	2005	2006	2007	2008	2009	2010	2011	2012	2013	2014	2015	2016
May	2005	2006	2007	2008	2009	2010	2011	2012	2013	2014	2015	2016
June	2005	2006	2007	2008	2009	2010	2011	2012	2013	2014	2015	2016

¹ Players who were born on or after July 1, 2004 and a high school student in the twelfth (12th) grade or below during some part of the current academic year are eligible to compete in 18 & under.

² Female Only - Players who were born on or after July 1, 2005, (who are defined as 18 & under by the USAV Age Definition) and are in the 11th grade for the current academic year are waived to compete in 17 & under. (This age waiver is based on recruiting concerns for 11th grade girls previously required to participate in girls 18's qualifiers and the 18's GJNC.)

³ Male Only - Players who were born on or after July 1, 2009, OR players who were born on or after July 1, 2008 (15 years or younger) who shall neither have completed nor are in a grade higher than the eighth (8th) grade during the current academic year are eligible to play in the 14 & Under division. This exception is based on the net height difference of 7'4 1/8" to 7'11 5/8" between the 14 and Under Division to the 15 and Under Division.

⁴ Male Only - Players who were born on or after July 1, 2009 (14 years or younger) who shall neither have completed nor are in a grade higher than the seventh grade (7th) during the current academic year are eligible for a Region approved waiver to compete in the boys 13's age group.

⁵ Male Only - Players who were born on or after July 1, 2010 (13 years or younger) who shall neither have completed nor are in a grade higher than the sixth grade (6th) during the current academic year are eligible for a Region approved waiver to compete in the boys 12's age group.

Membership/Tryout Registration

Tryout Registration Process:

- 1. Sportsengine Parent Account**
- 2. Purchase Player Membership from Region site**
- 3. Register for Tryouts with Momentum** (Must complete Step 1 and 2 before registering). Players must be registered for tryouts in order to participate.

1. Sportsengine Account:

This is a Parent/Guardian requirement. Do not have your players set up and purchase their own memberships. It will cause administrative delays with the region and the clubs and could potentially delay your player from participating. Please read instructions below.

- **Sportsengine For Returning Club Players:** Parents of returning players should already have a SportsEngine parental account login from last season. Go to Login.Sportsengine.com and ensure you remember your login email and password. This is where you can access your son's membership card from last season which expires Sept 1st . Players are eligible for tryouts using the current membership since it is good until September 1st, 2023. If you don't remember your password, choose the password reset option. Once logged in, find your sons membership and write down the membership number. You will use this when registering for tryouts. If your player makes a roster, you will need to renew your son's membership prior to Sept 1st, 2023 for the upcoming season. New memberships will be good from Sept 1, 2023 until Sept 1, 2024 and are purchased via the region website directly. Renewing your players membership instructions can be found below if you would like to complete that early.
- **Sportsengine For New Club Players:** Parents will need to set up a new Parent Account login at Login.Sportsengine.com and ensure you remember your login email and password. When entering this information, please enter the Adults information into the profile, not the player. Once you have created your account and can access Sportsengine, you can leave the SE site and continue to step 2, purchasing your players membership.

2. Purchasing Memberships:

- **Memberships For Returning Club Players** – *If you are **NOT** a returning club player, skip this step and see section for **New Club Players** below.*
 - You may purchase the new player membership via the region page (or via the hyperlinks in this article), which will take effect Sept 1. If you are going to wait until closer to Sept 1 to renew, then continue on to the next step, "Registering for Tryouts at Momentum". If you are going to renew your players membership early, **It is very important you click the correct link when purchasing the membership.** On the region page, you will NOT purchase the "summer" membership (because you have an active membership

until Sept 1, 2023), you will choose the regular indoor membership. If your player is turning 18 at any point before September 1, 2024, you will need to click the "[Junior 18s Indoor](#)". If your player is 17 or younger, click the "[Junior 17s and Younger](#)" link. ***Players turning 18 before August 31, 2024 will need to complete a mandatory safesport training inside Sportsengine prior to competition starting.**

- When you click the membership link, it will redirect you to Sportsengine. If it doesn't automatically log you in, log in with your parent account email and password. Once logged in at the top of the screen, it will ask you **WHO IS THIS MEMBERSHIP FOR? Do not click the parent name.** This is where you will select your **players** name. If the player is NOT listed, then Click **Add Player/Or Child**. Fill out the Players information because that is who the membership is for. Be careful, DO NOT put Parent information for the player membership. This will cause administrative delays getting it changed. Complete the steps to purchase.
- The AZ Region Page to purchase new memberships can be found [here](#) if the links on this page stop working.
- Have your current USAV Players membership number available when registering for Momentum tryouts via the QR code below.

~~• **Junior 17 & Younger Summer** - good until Aug 31st~~

~~• **Junior 18s Summer** - good until Aug 31~~

• **Junior 17 and Younger** - player, JODP official

• **Junior 18s Indoor** - player, JODP official

- **Memberships For Brand New Club Players** – Your player needs a USAV Player membership to try out and participate in any USAV sanctioned events in AZ. Since your player does not have an active membership, you will need to purchase a temporary summer membership to attend tryouts and attend practices which will be in effect from now until September 1st, 2023. The summer memberships are at a discounted cost. ***If your player makes a roster, you will be required to follow the steps above for "Returning Club Players" and purchase the full season membership which will be in effect from September 1st, 2023 until September 1st, 2024.

Summer Membership must be purchased before Tryouts and you need the membership number to register for tryouts at MVC.

Purchasing Summer Membership:

- On the region page (or on the hyperlinks on this site), you will purchase the "summer" membership (because your players does not have an active membership). If your player is turning 18 before September 1st, 2023, you will need to click the "[Junior 18s Summer](#)". If your player is 17 or younger, click the "[Junior 17s and Younger Summer](#)" link. When you click the membership link, it will redirect you to the Sportsengine account you did in step 1. If it doesn't automatically log you in, log in with your parent account. Once logged in at the top of the screen, it will ask you **WHO IS THIS MEMBERSHIP FOR? Do not click the parent name.** Click **Add Player/Or Child**. Fill out the Players information because that is who the membership is for. Be careful, DO NOT put Parent information for the player membership. This will cause administrative delays getting it changed. Complete the steps to purchase.
- The AZ Region Page to purchase new memberships can be found [here](#) if the links on this page stop working.
- Have your current USAV Players membership number available when registering for Momentum tryouts via the QR code below.

• **Junior 17 & Younger Summer** - good until Aug 31st

• **Junior 18s Summer** - good until Aug 31

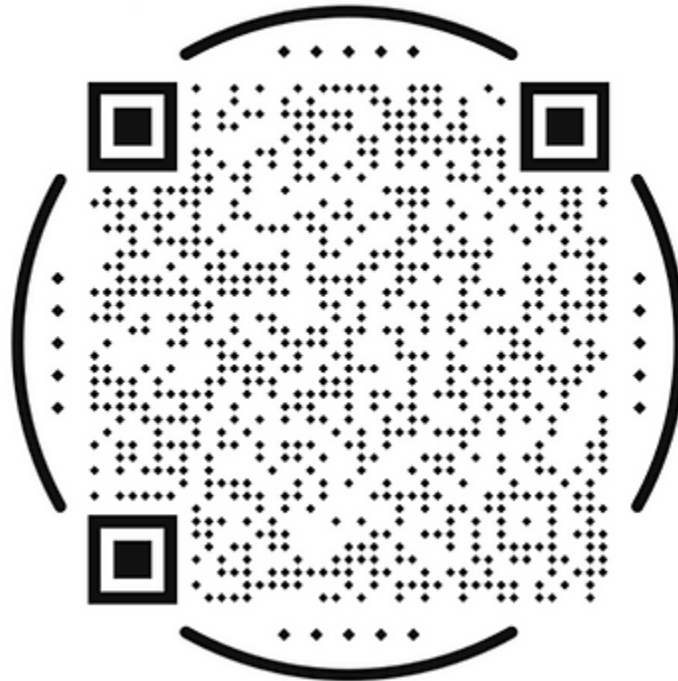
~~• **Junior 17 and Younger** - player, JODP official~~

~~• **Junior 18s Indoor** - player, JODP official~~

3. Registering for Tryouts at Momentum

- Have your current USAV Players membership number available when registering for Momentum tryouts via the QR code below.
 - Click the link, or scan the QR Code below and complete the tryout registration process. Only complete this if you are 100% committed to attending our tryouts. We use the registration numbers to project teams and age groups prior to tryout morning. When you click the link, the page will open, scroll to the bottom of the page and click the button to begin. This is a form created in Sportsengine, so it may have you log in to your parent account again to complete the registration process. Please ensure accuracy when entering information, especially with player birthdays.

Register for tryouts Here or Scan the QR code Below from your phone:
<https://momentumvolleyball.sportngin.com/register/form/556901821>



Required Forms to Bring to Tryouts

Fill out all required forms and paperwork when it becomes available. Feel free to turn paperwork in at open house/eval nights. Please do not double side the forms. Fill out forms legibly. Only parents or responsible player guardians should fill these out. (New forms will not be provided to us until 08/06)

Tryout Paperwork: All documents are REQUIRED in order to try out. Forms will be emailed prior to tryouts.

- [USAV Medical Release form](#)
- [2024 USAV Concussion Form](#)
- [2024 Safesport Form](#)
- If this is your first year playing club, bring a copy of your birth certificate
- \$20 Cash Tryout Fee - Also Be Prepared to pay minimum cash or check deposit to secure roster spot

Projected Teams & Dues:

*If a player makes a roster, we will require a \$675 Cash or Check (Made out to Momentum Volleyball Club) Deposit immediately following tryouts. We will not be taking credit or debit card payments at tryouts. This deposit covers the complete custom uniform package which will be ordered immediately and August dues). We allow the remaining balance for the season to be paid in monthly payment plans, see below. ***Additional Travel Expenses are not included in club dues.***

National & Travel Teams:

➤ **18 Black, 17 Black, 16 Black - \$2650**

- Fee Breakdown: \$675 initial deposit (includes uniform package fee + August fees). Remaining balance = \$1975 or 5 payments of \$395/mo (Sept 1 – Jan 1)
 - Season Fees Include:
 - Local Tournaments: 6 Region Tournaments, PCH AZ MLK Grand Prix (Jan. 13-15)
 - Travel Tournaments: So Cal Cup Winter Formal (Dec. 8-10 in Anaheim), SCVA National Qualifier (Jan. 5-7 in Anaheim) ***Player hotel/travel expenses not included***
 - Custom uniform package (3 jerseys, warm up, backpack, practice shirt), tournament entry fees, practice/gym time, coaches salaries/travel expenses, Extreme Speed Training, NCSA Free Player Profile for Recruiting
 - **Summer/National Fees Not Included:** (Fees TBA)
 - Projected Tournaments Include: Pre-National Tune Up (June 2024 in AZ), So Cal Cup The Showcase (June 2024 in Anaheim), USAV Boys Junior National Championships (June/July 2024 in Dallas) or AAU Nationals (July 2024 in Orlando)

➤ **18 Red, 17 Red, 16 Red, 15 Black, 14 Black - \$2350**

- Fee Breakdown: \$675 initial deposit (includes uniform package fee + August fees). Remaining balance = \$1675 or 5 payments of \$335/mo (Sept 1 – Jan 1)
 - Season Fees Include:
 - Local Tournaments: 6 Region Tournaments, PCH AZ MLK Grand Prix (Jan. 13-15)
 - Travel Tournaments: SCVA National Qualifier (Jan. 5-7 in Anaheim), So Cal Cup Winter Formal (Dec. 8-10 in Anaheim) – **OPTION for 18 Red and 17 Red ONLY** (additional fee) **Player hotel/travel expenses not included**
 - Custom uniform package (*3 jerseys, warm up, backpack, practice shirt*), tournament entry fees, practice/gym time, coaches salaries/travel expenses, Extreme Speed Training, NCSA Free Player Profile for Recruiting
- **Summer/National Fees Not Included:** (Fees TBA)
 - Projected Tournaments Include: Pre-National Tune Up (June 2024 in AZ), Boys Junior National Championships (June/July 2024 in Dallas)

Non-Travel Teams:

➤ **18 White, 17 White, 16 White, 15 Red, 14 Red - \$1975**

- Momentum does anticipate to form 2 additional regional teams in the age groups listed above based on projections. These teams would not travel and would participate in the region season schedule only. ***These teams are not guaranteed and will be determined the day of tryouts.***
- Fee Breakdown: \$675 initial deposit (includes uniform package fee + August fees). Remaining balance = \$1300 or 4 payments of \$325/mo (Sept 1 – Dec 1)
 - Season Fees Include:
 - 6 Region Tournaments (AZ), Custom uniform package (*2 jerseys, warm up, backpack, practice shirt*), tournament entry fees, practice/gym time, coaches salaries/expenses, NCSA Free Player Profile for Recruiting

Tournament Schedule: (subject to change)

All region tournaments will be on Saturdays only and locations will generally be in the East Valley. Tournaments usually begin at 9AM with an 8AM arrival and will last until end late afternoon.

Region Tournament #1 – September 23rd

Region Tournament #2 – October 7th

Region Tournament #3 – October 14th

Region Tournament #4 – October 28th

Region Tournament #5 – November 11th

Region Championships - December 2nd

Additional Tournaments:

So Cal Cup Winter Formal – Dec. 8-10 (***Specific National/Travel Teams Only***)

SCVA National Qualifier – Jan. 5-7 (***Specific National/Travel Teams Only***)

PCH AZ MLK Grand Prix (Legacy Park) – Jan. 13-15 (***Specific National/Travel Teams Only***)

Summer Tournaments: TBA

Practice Schedule: (subject to change)

17 Red & 16 Red: Mon/Wed (5pm – 7pm) @ Haven Church

17 Black & 16 Black: Mon/Wed (7pm – 9pm) @ Haven Church

18 Black & 18 Red: Tues/Thurs (5pm – 7pm) @ Haven Church

15 Black & 14 Black: Tues/Thurs (7pm – 9pm) @ Haven Church

Non-Travel Teams: Mon/Wed (6pm – 8pm) @ Deer Valley Middle School

Projected Coaches:

Boys Club Director/Coach: Damon Mays

18 Black: Trent Bruns & Andrew De Leon

18 Red: Todd Polley & Bryan Ilena

18 White: TBA/TBA

17 Black: Tate Abbott & Andrew Mouw

17 Red: Tony Gale & Tyler Leibundgut

17 White: TBA/TBA

16 Black: Kory Peterson & Kyle Berger

16 Red: Tate Kouris & Bodhi Bettes

16 White: TBA/TBA

15 Black: Delaney Micensky & Nate Mayfield

15 Red: Gregg McConnell & Bri Beacom

14 Black: Mac Huser & James Kongaika

14 Red: TBA/TBA

Club Owners: Greg and Glenda Freeman

FAQ's

Can I stay to watch my son during tryouts?

No, this is a closed tryout to parents. Parents will be asked to leave or wait in their vehicle and will be given a time to return.

How will I know if my son makes a team?

Players will be notified at the end of the tryout session if they made a team or not. If your player makes a team, they will contact you right away and you will be asked to fill out the required tryout paperwork, forms, contracts, meet with coaches, etc.

What happens after I complete my tryout paperwork?

Once your paperwork is complete, you will then go to the payment table to turn in your \$675 commitment deposit. During this time, your player will be sized for their uniforms and you will be given next steps, practice info, practice schedules, etc.

When and where will practices be if my son makes a team?

Practices will be either Monday/Wednesday or Tuesday/Thursday from 5-7PM or 7-9PM depending upon which team they make at tryouts. Practices will be held at Haven Church or Deer Valley Middle School.

Are there going to be fundraising opportunities?

Momentum will offer several fundraising opportunities to assist with the costs/fees for each team throughout the season. Team fundraisers will benefit the entire team equally. Individual fundraisers will benefit each player individually.

What costs are associated with travel?

Momentum travel dues are built into the season dues with the exception of the remaining dues for the summer/Nationals season. **ALL** extra costs, such as travel expenses, hotel, etc. are the responsibility of the player.

Who is responsible for the athletes when we travel?

We strongly recommend that parents travel with their player or send their player with another adult on the team. Players are allowed to travel and stay with another family traveling as long as there is at least 1 adult in the room. Coaches will also be responsible for making sure all players are accounted for upon arrival and throughout the tournament.

Where do we stay when we travel?

Momentum will provide parents with hotel information as it becomes available. Some tournaments will require that the team stays at the same hotel and others are more flexible. Players should plan to stay at the assigned team hotel.

Also included in your dues is access to our partners:

NCSA - "We are truly excited to announce a new partnership with Next College Student Athlete (NCSA), the largest, most-trusted recruiting network in the world. We realize that playing collegiately is a goal for many of you and this partnership represents another resource to ensure you maximize this once-in-a-lifetime process. What does this partnership mean? • You'll receive a free profile listed in the largest database of college coaches • Every family should schedule a Recruiting Assessment to learn more from the NCSA Team • If you'd like to invest in a premium NCSA membership which will provide you additional resources and access, families will receive a special team discounts.

<https://www.ncsasports.org/about-us/product/athletes>

Extreme Speed Training: The Extreme Speed Trainers have decades of combined training experience in speed and athletic performance training. The Extreme Speed Trainers have trained nationally and internationally since 1997. Their objectives are to develop solid athletes, help individuals and teams become stronger, more competitive, confident, and successful. Extreme Speed builds better athletes. EST has created a customized program for Momentum Volleyball athletes to assist with conditioning and educate them in injury prevention <https://www.extremespeedtraining.com/>

Spooner Physical Therapy: We are excited to have these valuable resources available for our club athletes! They will be helping us with Warm up/Injury Prevention materials, Will be Participation in parent meetings, providing Coaches education on injury prevention, other items of interest that Spooner can provide and providing all athletes access to PT appointments! More info to come!

<https://www.spoonerpt.com/>